

CYCLING IN CYPRUS

If you want to combine sport, adventure and the freedom to explore at your own pace, why not head off the beaten track and discover Cyprus on two wheels?

The island offers perfect conditions for cyclists, especially between October and April when temperatures are a pleasant 15-25°C with relatively low rainfall and few strong headwinds. Right up until the 1970's the bicycle was still the preferred mode of transport on the island and now with increasing environmental awareness many people today are choosing pedal power as the best means to get around. As a result, all the main resorts have cycle lanes and new routes are being created all the time.



Cyprus may be the third largest island in the Mediterranean, blessed with wide variety of different landscapes from sandy beaches to pine clad mountains, but it is still marvellously compact. These short distances mean rapid changes of terrain and different road surfaces over a relatively small area providing a variety of challenges for cyclists.

As a major tourist destination, Cyprus has an excellent modern road network linking all the main towns and resorts. Heading up into the villages you are more likely to find yourself cycling along a dusty mountain trail that links remote villages almost untouched by modern life.

Cycling tours have gained in popularity over the last few years and there are now a number of bike centres around the island offering cycle hire and organised tours. There are also a wide range of routes with different difficulty ratings that allow you to explore the nature, culture and famous hospitality of Cyprus at your own pace.

