

SWIMMING IN CYPRUS

The crystal clear waters of the Mediterranean and the long stretches of sandy beaches offer excellent opportunities for sea swimming in Cyprus. The period between May and November is the best for swimming and public beaches are well equipped with changing facilities, beach beds and life guards. The combination of the excellent weather and developed infrastructure makes Cyprus a good training base for athletes of all disciplines.

The British Olympic Team made Cyprus their official training base for the 2004 Athens Olympics. There are Olympic-sized swimming pools in all the main towns and resorts including 25m and 50m open-air heated pools with 8-10 lanes, 1m diving boards, 3m spring boards, 5m, 7.5m and 10m platforms. Additional equipment is available and some pools offer underwater viewing and filming windows, certain pools also offer fully equipped weights facilities.

Swimming Pools Nicosia District

Nicosia Olympic Swimming Pool

- Swimming pool:
- 50m Length
- 2m Depth
- 8 Corridors
- Heated
- Changing rooms, Showers, Toilets
- Kiosk for snacks and refreshments
- First Aid
- Diving pool:
- 21m Length
- 15m Width
- 5m Depth
- Heated

Lakatameias Swimming Club

- 25m Length
- 2m Depth
- 6 Corridors
- Heated
- Changing rooms, Showers, Toilets
- Kiosk for snack and refreshments (May – September)
- Life Guards
- First Aid

Swimming Pools Larnaca District

Larnaca Kition swimming pool

- Changing rooms, Showers, Toilets
- Conference room
- First Aid

Large swimming pool:

- 50m Length
- 2m Depth
- 8 Corridors
- Heated

Small swimming pool:

- 20m Length
- 1.75m Depth
- 4 corridors
- Heated

Swimming Pools Limassol District

Limassol Indoor Swimming Pool

- 25m Length
- 1.90 Depth
- 6 Lanes
- Heated
- Changing rooms, Showers, Toilets
- Conference room
- First Aid

Glafkos Klerides Indoor Swimming Pool Agros

- 25m Length
- 2m Depth
- 10 Lanes
- Heated
- Changing Rooms, Shower, Toilets
- First Aid

Swimming Pools Paphos District

Geroskipou Swimming Pool

- Changing rooms, Showers, Toilets
- Kiosk for snacks and refreshments nearby
- Life Guard
- First Aid
- 50m Length
- 1.90m Depth
- 10 Corridors
- Heated

Coral Beach Hotel Olympic Size Swimming Pool

- Length 50 m x Width 25m / 10 Lanes
- Constant Depth 2m
- Heated 27°-28°
- Style – Overflow classic, footrest at all 4 sides
- Viewing windows/ Diameter 0.36m
- Centre Line marked in Black colour
- Non-slip ceramic tile surround with drainage system
- Starting Blocks (10)
- Omega Electronics
- Automatic Timing Equipment
- Camera and Towing Buggy
- Toilets, Showers, Changing rooms